

Procrastination, stress, and self-rated health: A multi-sample meta-analysis

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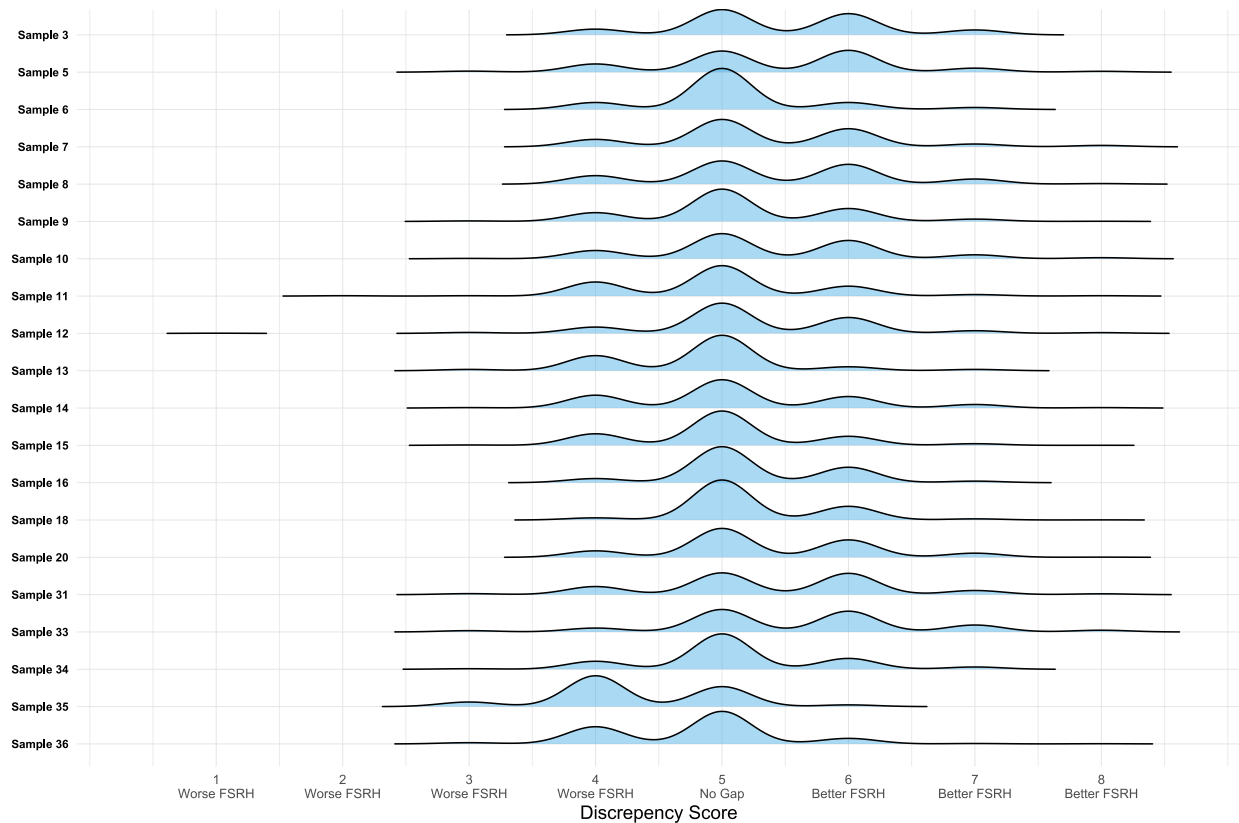


Figure A 1: Distribution of discrepancy scores (self-rated health: SRH – future FSRH) across 20 samples.

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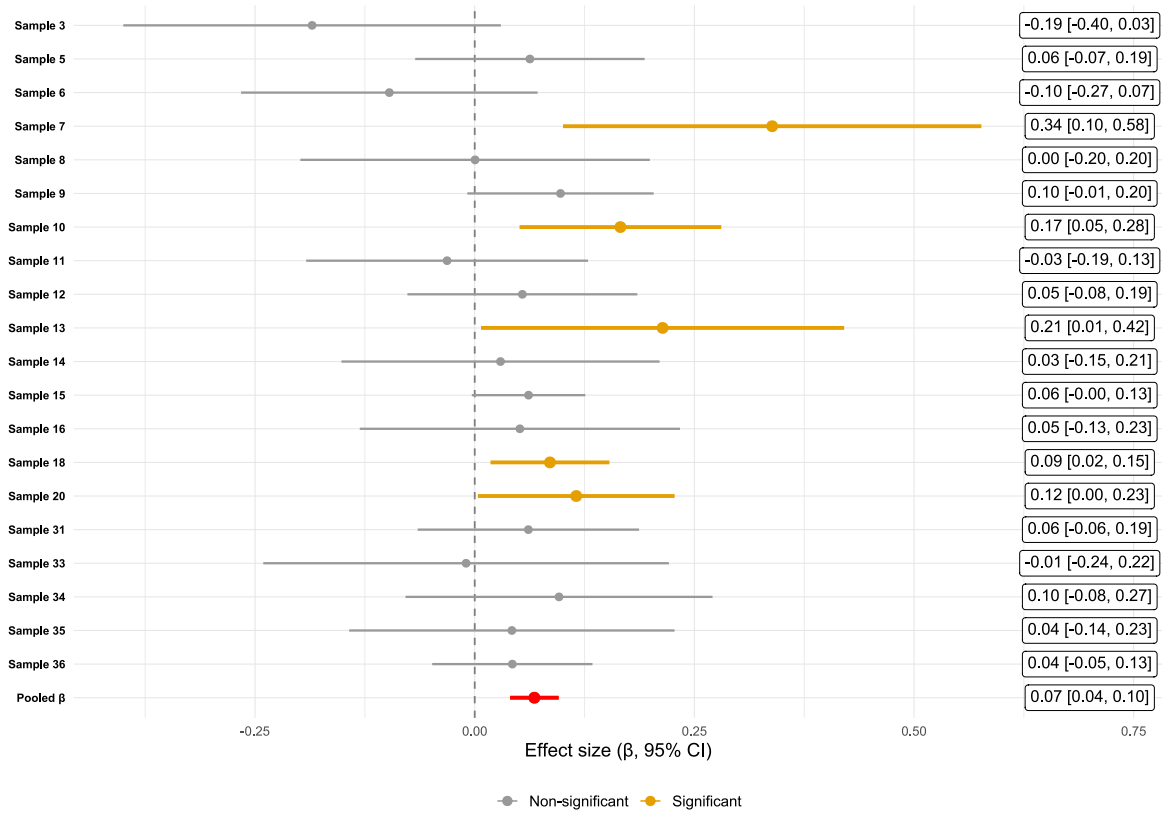


Figure A 2: Forest plot of study-specific and pooled meta-analytic estimates (β , 95% CI) for the link between procrastination and self-rated health discrepancies (after controlling for age).

References